# Anti-bullying policy

## SHELLEY COLLEGE – A SHARE Academy

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# Contents

## Purpose

This policy has been developed and implemented in consultation with the whole school community including students, adults at home, staff, governors and partner agencies. It was written with reference to the Equality Act 2010, and is intended to be applied alongside use of other key school policies, including, but not limited to, the Safeguarding and Child Protection Policy, Behaviour Policy and SEND policy.

Shelley College promotes values which reject bullying behaviour and promote respectful, tolerant and inclusive interactions and communication. Tackling bullying matters.

## Statement of Intent

Our core belief of "Valuing People, Supporting Personal Best" means we believe everybody has the right to feel safe and confident in our school community. We endeavour to provide a safe, secure, caring environment where everyone is valued and respected equally. Shelley College will promote tolerance, respect and understanding through the curriculum, Personal Development/PSHE lessons, form time and through the assembly programme. When we have instances of bullying, they will be investigated and acted on robustly.

Shelley College is committed to providing a supportive, caring and safe environment in which all children are free from the fear of being bullied. As a school we take bullying and its impact seriously. Bullying of any form is not tolerated in our school, whether carried out by a child or an adult.

Staff, children and adults at home will be made aware of the school's position on bullying. Bullying behaviour is unacceptable in any form. The school has high expectations of outstanding behaviour and we consistently challenge any behaviour that falls short of this. Anyone who knows or suspects that bullying is happening is expected to report this to a staff member.

Any child who is a victim of bullying will be dealt with in a sympathetic and supportive manner. Any reported concerns of bullying will be handled in line with school approaches, shared with the appropriate staff member and be thoroughly investigated. Adults at home of children involved will be informed of the outcomes of any investigations, and actions taken. These actions will form both consequence-based outcomes and education for those involved. Where required or requested, referrals for additional support, such as external support via Thriving Kirklees, or internal support within school will be made.

## What is bullying?

We recognise that children and young people will experience conflict in their relationships with other children and young people, and as a school we are committed to developing empathy and the skills to manage relationships in a peaceful way that does not harm others.

At Shelley College, our definition of bullying is adopted from the Anti Bullying Alliance (anti-bullyingalliance.org.uk):

"***The repetitive and/or intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online***"

Schools in SHARE Multi-Academy Trust adopt and support this definition of bullying and believe that students can be at risk of bullying behaviours which can be physical and emotionally enacted by others.

## Why is it important to respond to bullying?

There is considerable evidence to show that bullying has both short and longer-term impacts on students. Bullying impacts on students' wellbeing, can impact on attendance and become a significant barrier to learning. Bullying is known to directly impact on school performance and can lead to lower levels of school engagement and achievement both in primary and secondary schools. It can result in mental health concerns such as anxiety and depression, further impacting on student progress academically and personally.

***Bullying is unacceptable. Our school will respond promptly and effectively to reported incidents of bullying.***

In our school community:

- Everybody has the right to be treated with respect;
- Everybody has the right to feel happy and safe;
- No-one deserves to be a target of bullying;
- Students identified as having perpetrated bullying behaviours will receive appropriate education to reduce the risk of this becoming a recurrent problem.

National research has shown that some groups of students are particularly vulnerable to bullying, these include students with SEND, children who are (or were previously) looked after, students from minority ethnic groups or faiths, young carers, LGBTQ students and those perceived to be LGBTQ.

## Types of bullying behaviour

Bullying can take many forms:

- *Emotional* – being unfriendly, excluding, tormenting, threatening behaviour;
- *Verbal* – name calling, sarcasm, spreading rumours, teasing, use of derogatory language;
- *Physical* – pushing, kicking, hitting, punching or any use of violence;
- *Online (cyber-bullying)* – use of social media, messaging and calls. Misuse of associated technology e.g. photos and videos;
- *Racist* – racial taunts, graffiti, gestures;
- *Sexual* – unwanted physical contact, sexually abusive comments;
- *Homophobic or biphobic* – bullying because of sexuality or perceived sexuality;
- *Transphobic* – because of gender identity or perceived gender identity;
- *Disability based* – inappropriate comments that are targeted at an individual due to their own specific additional needs.

## Preventing Bullying

We foster a clear understanding that bullying, in any form, is unacceptable. We believe that preventing bullying is the responsibility of our whole school community and when there are incidents of bullying, we will work together to deal with the situation and to learn from what has happened.

In our school we do this by:

- Involving the school community in developing the policy to ensure it is child/student friendly;
- Using assemblies, the PSHE curriculum and Personal Development time to ensure that students understand the differences between relational conflict and bullying;

- Building a positive ethos based on respecting and celebrating all types of difference in our school;
- Creating a safe and happy environment, with consequent positive relationships that have an impact on learning and achievement;
- Having a positive ethos that all students, staff and adults at home understand;
- Work in school which develops empathy, social skills and emotional understanding e.g. PSHE, Citizenship etc;
- Secure the safety of the target of bullying and take actions to stop the bullying from happening again;
- Think about any safeguarding concern and report concerns to appropriate staff members;
- Provide assurances to children that concerns have been listened to and are acted upon;
- Consider who else is involved and what roles they have taken;
- Send clear message that bullying must stop;
- Work with both parties to find solutions. Identify the most effective way of preventing recurrence and any consequences;
- Reflect and learn from bullying episodes – consider what needs to happen to prevent future bullying e.g. PSHE, training etc;
- Raising awareness of online bullying through regular, age-appropriate online safety lessons;
- Adopting a social model approach to bullying. Diversity is valued, celebrated and everyone is included in our school;
- Focussed work with individuals and groups of students where required, to support understanding and development of social skills e.g. social skills groups, Equality Workshops and more;
- Ensuring staff are trained and we have a range of activities at social times for students that promote positive interactions;
- Providing training to all school staff around bullying, including specific guidance on those groups who are most likely to be bullied.

## Reporting bullying

Students are encouraged to adopt a culture of 'Reach Out, Speak Out', where they are confident to share their concerns. Shelley College's promise to students is that '*if you report it, we will sort it*'.

In our school students are encouraged to talk to staff when they are unhappy or have concerns. Students in our school understand that they have a right to feel and be safe and a responsibility to support others to feel and be safe.

Students are encouraged to report bullying to:

- Any trusted adult;
- Their classroom teacher or Personal Development Mentor;
- A member of the Pastoral or Senior Leadership Team;
- A Designated Safeguarding Lead or one of their deputies;
- To an adult at home.

Students are also advised of a variety of ways in which they can report bullying:

- In person to a staff member;

- Via an adult at home or other third party;
- By email to a trusted adult;
- By email to shelley.reachout@sharemat.co.uk

Children are taught that it is important to talk to a trusted adult if bullying is taking place outside of school.

Adults at home are also encouraged to report concerns of bullying to school staff. This is generally to the Pastoral Lead for their child's year group, but can also be shared with any staff member they have a positive relationship with and are comfortable reporting issues to.

When students report their concerns, our staff are trained to LISTEN and to BELIEVE. We involve children as far as possible in finding solutions.

## Responding to Bullying

We monitor and review all bullying incidents to determine any patterns or trends that may require further action.

On a regular basis we give students the opportunity to feedback on how safe and happy they feel at school; we do this through student questionnaires, student surveys and student voice activity.

All staff are required to complete a detailed report of any issues referred to them via the CPOMS system, which will then be assigned to an appropriate staff member to be actioned. This should be completed as soon as possible and given to the Designated Safeguarding Lead or a deputy, who will triage and allocate to the right staff to take action.

## Procedures for adults at home

- If an adult at home has any concerns about their child, they should speak to school immediately;
- If an adult at home feels unable to talk to the class teacher, they can make an appointment to speak with a Pastoral leader. Where this has already been the case, a Designated Safeguarding Lead or a deputy may become involved;
- The school will work with both the child and adult at home to ensure that any bullying is stopped, and that support is given where needed;
- Adults at home should not confront the bully or their adults at home. This can complicate the situation and distress the student;
- The school will deal directly with all children involved and their adults at home directly. Adults at home will be kept informed of any actions the school is taking;
- If adults at home feel that their concern has not been dealt with appropriately, they should follow the schools' complaints policy.

All members of the school community, including students, staff, adults at home and governors, are expected to always treat everyone with dignity respect, both face-to-face contact and online.

# Bullying: A Charter of Student Rights

**As a member of our school, you have the right:**

- To live your life in peace and safety;
- To be an individual and be proud of being unique;
- Not to be bullied;
- To say 'no' firmly to any behaviour you think is wrong;
- To protect yourself by ignoring others or by walking away;
- To be confident in reporting concerns to a trusted adult;
- To tell a member of staff if someone is making you feel unsafe, and not expect reprisals from others for this.

# Bullying: A Charter of Student Responsibilities

**We expect you:**

- Not to put up with any form of bullying;
- To work with others to stop bullying;
- To inform a trusted adult of any form of bullying;
- Not to be afraid of reporting incidents. If you do nothing, it might suggest that you are supporting the bullying;
- Not to put up with bullies in your friendship group;
- Not to make false accusations/allegations of bullying issues.

***YOU MUST NOT SUFFER IN SILENCE***

If you are being bullied or are a victim of hate incidents:

- Try to stay calm and look as confident as you can;
- Be firm and clear – look the perpetrator in the eye and tell them to stop;
- Don't retaliate physically or verbally in a negative manner;
- Remove yourself from the situation as quickly as possible;
- Tell a trusted adult what has happened straight away, using the guidance in the 'Reporting Bullying' section of this policy.

# Appendix A – External Support External support

- If you need urgent assistance with regards to a hate crime call 101 or 999
- If you find it difficult to talk to anyone at the Trust establishments or at home, ring ChildLine on Freephone 0800 1111, or email www.childline.org.uk. The phone call or email is free and it is a confidential helpline
- Bullying support for young people and advice about positive mental health – YoungMinds Website: www.youngminds.org.uk/vs-bullying. Telephone: 0808 802 5544
- Bullying support and advice, support and guidance about wellbeing, mental health, practical advice and other issues affecting young people – Website: www.getconnected.org.uk/Bullying Telephone: 0808 808 4994
- NSPCC - http://www.nspcc.org.uk/preventing-abuse/child-abuse-and- neglect/bullying-and-cyberbullying/
- Think you Know – Advice and information about social networking, E-Safety and reporting online abuse – https://www.thinkuknow.co.uk/

- LGBTQ, Lesbian, Gay, Bisexual, Transgender and Questioning advice about bullying – bullying www.diversityrolemodels.org/ www.stonewall.org.uk/
- Advice with regards to hate incidents and crimes www.stophate.uk.org

**Local and National Support/information**

- The Safer Kirklees website provides information on hate incident reporting, along with the partnership's Hate Crime Strategy for the town. Additionally, the site includes details of the hate incident reporting centres, Crown Prosecution Service Fact Sheets and a diagram of the Hate Incident Reporting Process which illustrates what happens to hate incidents reports once they are received.
- Further information on hate crime nationally, including the prevalence of different types of crime, is available from the Home Office.
- National organisations, Stop Hate UK and True Vision, provide further information on hate crimes, including reporting, training and research.