


















## The Big Picture: What topics will I study?

Throughout the three years you spend at Shelley College, you will visit 5 themes regularly: Wider World, Health and Wellbeing, Relationships, Next Steps, and Skills for Life. These themes are designed to prepare you for life once you leave school. You will learn how to look after yourself, be considerate of others, and how to prepare for your future. Each time you visit a theme, you will

	HT1	HT2	HT3	HT4	HT5	HT6
Year 9	 <p><b>Wider World</b></p> <p>British Values, Role of Government and Equality Act</p>	 <p><b>Health and Wellbeing</b></p> <p>Healthy lifestyles, body image and self-concept.</p>	 <p><b>Relationships</b></p> <p>Healthy relationships (including friendships) offline and online.</p>	 <p><b>Next Steps</b></p> <p>Creating long-term plans, making decisions and working towards goals.</p>	 <p><b>Wider World</b></p> <p>Alternative Beliefs and Worldviews</p>	 <p><b>Skills for Life</b></p> <p>My Online Presence</p>
Year 10	 <p><b>Skills for Life</b></p> <p>Personal Finance</p>	 <p><b>Health and Wellbeing</b></p> <p>Drugs, Alcohol, Tobacco and Gangs</p>	 <p><b>Relationships</b></p> <p>Healthy relationships, sex and consent.</p>	 <p><b>Health and Wellbeing</b></p> <p>Mental health and first aid</p>	 <p><b>Skills for Life</b></p> <p>Revision techniques, learning and resilience</p>	 <p><b>Wider World</b></p> <p>Navigating Extreme beliefs</p>
Year 11	 <p><b>Next Steps</b></p> <p>Post-16 Options</p>	 <p><b>Health and Wellbeing</b></p> <p>Support with post-16 health + Post-16 Options cont.</p>	 <p><b>Relationships</b></p> <p>Making healthy choices in maturing relationships.</p>	 <p><b>Health and Wellbeing</b></p> <p>Maintaining healthy routines during stress.</p>	 <p><b>Skills for Life</b></p> <p>Revisiting revision techniques. Preparing for the future.</p>	<p>School Leavers</p>

## The Big Picture: Why am I studying this topic now?

We plan when you are studying these topics carefully, thinking about your age and stage of development. We also use all our knowledge of teenage life to map out carefully when you will need to know things so that you are prepared *in advance* of encountering them. You can have a look below to find out more about why we teach each topic when we do.

	HT1	HT2	HT3	HT4	HT5	HT6
Year 9	<b>British Values, Role of Government and Equality Act</b>  As new students, it is important that you learn about the values and morals we believe in here at Shelley College.	<b>Healthy lifestyles, body image and self-concept</b>  We want you to be happy and healthy in school. Learning about this early in Year 9 sets you up for a healthy life both inside and outside of school.	<b>Healthy relationships (including friendships) offline and online</b>  In this half term, you will apply your learning from last term to your relationships. We know this can be quite personal, which is why we've waited until you feel comfortable with your form tutor!	<b>Creating long-term plans, making decisions and working towards goals</b>  Options are just around the corner - we want you to be able to make informed choices, so this half term is all about setting goals and planning for your future.	<b>Understanding beliefs, religions and ideas from around the world</b>  Last year, you learnt a lot about the law and different beliefs. You will build on this learning to understand different beliefs around the world. This is a key skill for navigating the world of work, college, and university, and especially useful if you want to travel!	<b>My online presence</b>  You will already have learnt a lot about being safe online this year. This half term is all about bringing that information together. Also, you will learn how your data is used and how your online presence can impact future careers.
Year 10	<b>Personal Finance</b>  A lot of you will be getting weekend jobs, so it's important you know how to budget!	<b>Drugs, Alcohol, Tobacco and Gangs</b>  You will build on last year's learning about healthy lifestyles. As you are getting older, we know it is more likely that you will hear about both legal and illegal substances. We want you to make safe choices about these.	<b>Healthy relationships, sex and consent</b>  You will build on last year's learning about healthy relationships, and will learn more about how to be healthy in intimate personal relationships.	<b>Mental health and first aid</b>  Pressure begins to build in the run-up to mocks - it's a lot to juggle! We want you to know how to be mentally and physically healthy - and how to help others to be too.	<b>Revision techniques, learning and resilience</b>  Mock exams aren't just about practising exams - it's also about learning how to revise and prepare for them, and how to look after yourself too. This is the perfect time for you to learn these skills so you are more than prepared for the real thing!	<b>Navigating extreme beliefs</b>  Last year, you learnt a lot about the law and different beliefs. You will build on this learning to understand different beliefs around the world. This is a key skill for navigating the world of work, college, and university, and especially useful if you want to travel!
	<b>Careers and Post-16 Options</b>  You will also build on last year's learning when you thought about your choices. You will learn what employers are looking for, and be supported in working towards your career of choice.					<b>Careers and Post-16 Options</b>  It's important to start thinking about your next steps before summer, so that you can get some work experience over the summer holidays and start to develop your skills. We will pick this back up when you come back.
Year 11	<b>Post-16 Options</b>  It's application time! We will teach you how to apply for a variety of post-16 options and will support your application process. You will build on prior learning about careers, what employers and college admissions are looking for, and your own strengths and weaknesses.	<b>Support with post-16 health</b>  Applications don't stop just yet, but we have a lot to pack into such a short year. So, while you're thinking about your future education and career, we'll also look at your future health. You'll learn how to book doctor's appointments, how to look after yourself as you age, and more important life skills to prepare you for adulthood.	<b>Making healthy choices in maturing relationships</b>  You will build on the last two years of learning about relationships to prepare you for when you turn 16. We will help you to navigate mature relationships from beginning to end, supporting you to be a respectful, healthy partner, friend, and colleague.	<b>Maintaining healthy routines during stress</b>  GCSEs are around the corner, and we know that this is a stressful time (for us, as well as you!). We will help you to build on prior learning in order to create your own healthy routines for both your physical and mental health. This is a skill for life - knowing how to manage stress is important for when you become an adult!	<b>Revisiting revision techniques and preparing for the future</b>  You will revisit your learning from last year, build a revision timetable, and get ready for your GCSEs. Your GCSE exams will begin pretty early in this half term, so you will be practising your revision techniques in groups, supporting you to do your best.	<b>School Leavers</b>